

June 2009 CMSA Newsletter

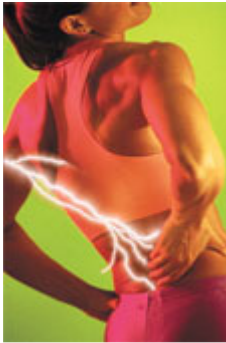


CMSA Madison Area Chapter

Case Management Society of America, Madison Area Chapter

CMSA - a non-profit multi-disciplinary society of health care professionals engaged in case management.

Join us on
June 25, 2009



Electrotherapy

Speaker: Elaine Key, RN, CDMS, CCM

Sponsored by: RS Medical

RS Medical Pain & Function Solutions™

2.0 contact hours

Meeting Fees

Members—No Charge

If you are not an active member, the charge is \$15.

Members of CMSA are not required to be Certified Case Managers. Please note, you may be required to show your membership card for admission to Madison CMSA Programs.

For more information on joining CMSA, please contact our Secretary, Brenda Bartz via e-mail at bbartz@mhsjvl.org

Location:

Comfort Inn of Madison 5:30 – 7:00 pm

4822 East Washington Ave.

Madison, WI 53704

608-244-6265

Dinner begins at 5:30 in the Madison Room

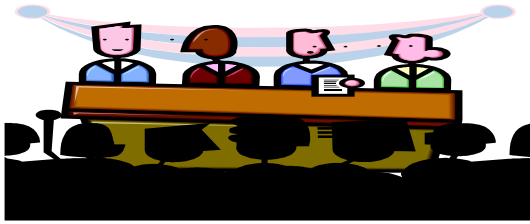
Please RSVP by 3-20-09 to Victoria Krohn at victoria.krohn@uwmf.wisc.edu or call 608-821-4905



From I-90/94, exit Highway 151 south (exit 135A), turn right at first frontage entrance.

Please note: If you are attending in place of someone who is a designated member under a company/Corporate account, please note this in your RSVP and when checking in. Thank you!

Your CMSA Board Members:



Officers

Sue Meudt, President

sue.meudt@pplusic.com

Jodi Atwell, Past President

jatwell@uwhealth.org

Marlene Roewer, President-elect

marlene.roewer@deancare.com

Brenda Bartz, Secretary

bbartz@mhsjvl.org

Vicki Krohn, Treasurer

victoria.krohn@uwmf.wisc.edu

Board Members

Wendy Countryman

wcountryman@weatrust.com

Martha Nelsen

martha@hddesign.com

Kathy Shurts

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Linda Viney

lviney@mhsjvl.org

Volunteers

Nancy Nie

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Cindy Fawver

cfawver@chartwellwisc.com

CMSA - Madison Chapter

P.O. Box 5175

Madison WI 53705-0175

Visit our new web site at

www.cmsamadisonwi.com

Upcoming Events

July and August 2009

No meetings scheduled

September 24, 2009

Topic: **Advanced Pain Management**

Speaker: To be announced

Sponsor: To be announced

Location: Comfort Inn, Madison

Nomination Committee: We need 2 people to volunteer to facilitate with the nomination process which begins in early Fall with elections in November. Your time commitment would be 1-2 hours. This is a great opportunity to learn about official duties of our chapter. Please contact Sue Meudt @ sue.meudt@pplusic.com

*Share Your Expertise!
on page 3*



Share Your Expertise!

Independent Nurse Case management - Pros and Cons

I've been asked to share my experiences as an independent nurse case manager. I have had my business, Atempo LLC for 10 years. All of my services use case management skills.

I have found that offering multiple related services has generated a variety of cases and resulted in a stream of steady referrals. The services I offer are:

- Customized nurse case management for the elderly, disabled and work related injuries
- Work site occupational health services specifically related to promoting wellness at the work site, addressing individual needs of employees and coordinating work related injuries
- Medical legal consulting and development of life care plans

I added two certifications, CLNC (Certified Legal Nurse Consultant) and CNLCP (Certified Nurse Life Care Planner) to add credibility to my medical legal services. I have also become a GCM (Geriatric Care Manager), part of a national network.

The pros and cons of having your own business depend on your perspective.

The advantages for me are:

- The freedom to manage a case without having to manage programs, systems, and administrative expectations.
- I am able to focus on the needs of the client and have control over the level and quality of care.

- There is less potential for miscommunication.

Disadvantages for me include:

- There is a continuous never-ending need to market. I have developed a networking plan that includes regular mailings, telephone calls and face-to-face contacts.
- Income fluctuates from month to month.
- Workload varies. I need to be proactive in determining the services I will and will not provide.

After 10 years, I have found that Atempo LLC has worked for me, but only because I've been able to accommodate changes that occurred in my business. The accommodations have included continual expansion of my network, taking advantage of educational opportunities (such as additional certifications), and a willingness to be open to new opportunities as they present themselves.

Nancy Nie, RN, CCM, CLNC, CNLCP
Atempo LLC
608-335-8218

We would love to hear about what you do! If you would be willing to share you expertise for the September newsletter, please contact Wendy Countryman at wcountryman@weatrtrust.com